

Your guide to cancer services
in the Birmingham area

**CANCER
SUPPORT
ON
YOUR
DOORSTEP**

**WE ARE
MACMILLAN.
CANCER SUPPORT**

We're here for you

Cancer is the toughest fight most of us will ever face. But you don't have to go through it alone. The Macmillan team is in your corner. We are the nurses helping you through treatment. The experts on the end of the phone who can answer your questions. The advisers telling you which benefits you're entitled to.

We are Macmillan Cancer Support and we'll be with you every step of the way.

High-quality information and support

Visit one of our many information and support centres in your area for clear information about cancer and face-to-face support. Our team of trained staff and volunteers are there to talk about your issues and concerns.

You'll find details of the cancer information and support centres in the Birmingham area on pages 4 to 5.

Financial support

The costs of cancer can stack up, and money worries are the last thing you need when you're facing the toughest fight of your life. But we can help with a wide range of financial issues. We can let you know how to apply for a Macmillan Grant. We can help you understand which benefits you're entitled to. We can even offer you straightforward financial guidance over the phone on matters including pensions, mortgages, insurance and savings.

You'll find details of financial support services in the Birmingham area on page 6.



Local services

Cancer information and support centres

Services developed in partnership with Macmillan

Cancer Information and Support Centre (Good Hope)

Johnson Suite, Sheldon Unit, Good Hope Hospital, Rectory Road, Sutton Coldfield, West Midlands B75 7RR

0121 424 9486

Open Monday and Tuesday mornings and Friday afternoons. Please call ahead.

We're here for everyone affected by cancer. Our service is run by volunteers who offer a range of cancer information and support. We also stock a range of stylish and reasonably priced scarves and headwear for ladies undergoing treatment who are experiencing hair loss.

Health Exchange Macmillan Information Service

1st floor mezzanine, Central Library, Chamberlain Square, Birmingham, West Midlands B3 3HQ

0800 158 3535

www.healthexchange.org.uk

Monday–Friday, 10am–4pm

We work with the Health Exchange to provide the best possible information and support for people affected by cancer in Birmingham. If you've been diagnosed with cancer or are concerned for a relative or friend, we can help.

The Courtyard Centre (Sandwell)

Main Reception, Sandwell General Hospital, Lyndon, West Bromwich, West Midlands B71 4HJ

0121 507 3792

Monday–Friday, 10am–4pm

If you're affected by cancer, drop in and see us for a range of information and support. We offer counselling and Look Good... Feel Better skin care and make-up workshops.

Macmillan BID Deaf Cancer Care Service

Birmingham Institute for the Deaf, Deaf Cultural Centre, Ladywood Road, Birmingham B16 8SZ

0121 246 6100

Monday–Thursday, 9am–5pm, Friday, 9am–4.30pm

The Deaf Cancer Care Service provides support, information and advice to people living with cancer, their family and friends who may have any degree of hearing loss.

Other cancer information and support services

The Patrick Room at the Cancer Centre

Queen Elizabeth Hospital, Edgbaston, Birmingham, West Midlands B15 2TH

0121 697 8417

Monday–Friday, 9am–5pm (out of hours meetings possible)

The Patrick Room offers information and support to people with cancer and their families in a relaxed and friendly atmosphere.

Walsall Palliative Care Information and Support Service

Walsall Palliative Care Centre, Goscote Lane, Walsall, West Midlands WS3 1SJ

01922 602 610 / 0800 783 9050

Monday–Friday 9am–5pm

A cancer information centre to support people affected by cancer or those who want information on cancer awareness, prevention and screening. They offer complementary therapies, benefits advice and self-help and support. Drop in for a chat and a cup of tea.

Financial support services

Walsall Citizens Advice Bureau Cancer and Palliative Care Service

Walsall Citizens Advice Bureau,
139–144 Lichfield Street, Walsall,
West Midlands WS1 1SE

01922 700685

Monday–Friday, 9am–4pm
A 24 hour answering machine
is in operation.

This service provides those in the Walsall Borough who may be living with cancer or other palliative care conditions with independent, confidential and impartial advice and information.

Support on the high street

For more information about sources of cancer support, pop into your local Boots store or to find your nearest Boots visit **boots.com**.

Someone to talk to

You don't have to go through cancer alone. Whether you want support and information or you'd just like to talk, our team of cancer support specialists at the Macmillan Support Line are only a phone call away. From answering questions about cancer types and treatments to helping you find out what benefits you're entitled to, they're here to talk about whatever's on your mind. Call them on **0808 808 00 00** any time from Monday to Friday, 9am–8pm. It's free, even from mobile phones.

What's more, our website is packed with high-quality cancer information that covers everything from symptoms and screening to treatment types and sources of health. All information is written and reviewed by specialists. We've also worked closely with people affected by cancer to develop our booklets, online courses and face-to-face training. To find out more, head to **macmillan.org.uk** or call **0808 808 00 00**.

You can also access our online community. It's a place where thousands of people affected by cancer go to share their stories and get vital support. Five minutes after logging on, you can be chatting to someone who's going through the same things as you. Visit us at **community.macmillan.org.uk**



We're here for everyone affected by cancer, whatever you need. For support every step of the way, call the Macmillan Support Line free on **0808 808 00 00**.

And, when the time is right, you can join our team. Whether you hold a coffee morning, make a donation or help us campaign for change, you can make a vital difference. Call us today on **0300 1000 200**, and help make sure millions of people don't face cancer alone.

Macmillan Cancer Support, registered charity in England and Wales (261017), Scotland (SC039907) and the Isle of Man (604). MAC14121_Birm

Information was correct at the time of going to print but we advise you to check that the service is currently available before visiting.

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